



## Issue No 8

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# NEWSLETTER

This week we were adding to our creations using carefully saved garment pieces and fabrics. We have started building many layers to our planets.

Using upcycled materials as the fabric is a great way to maximize our resources. It is also a great way to bring new life to pre-loved clothing.

Our planets are being made from old shirts, jeans, ties and other fabric. Our project relates to the Japanese philosophy of 'mottainai', which centres around wasting nothing of the intrinsic value on an object.

Taking the time to create something truly unique is a beautiful way of connecting with garments and textiles, and because mistakes and wonky stitching are embraced, it is the perfect project for the young hearts participants!



**YOUNG HEARTS  
PROJECT**



**MILL STREET QUILTERS**



**Beauty in an object's  
impermanence and  
imperfection!**



The traditional Japanese boro cloths inspired this week's quilting session. We explored images of boro cloths and sashiko stitching to add some inspiration into our planets.

Marcella explained that each cloth tells a unique story of its journey through life with patches carefully sewed on and reinforced with stitching, often over generations of a single family.



We learned that by patching and stitching, the fabric could be strengthened and its life could be extended.

Making a feature of garment repairs was an alternative to the art of invisible mending. During the Edo era there were also laws that restricted

lower classes from wearing bright colours which is why the cloths are indigo blue and brown.

This was very inspiring and gave the participants some great ideas for tearing and repairing strips of fabrics and sewing them onto our designs.



Leny, Geraldine, Mary & Josephine were busy cutting up some old shirts and working them into their planets. They used a wide mixture of fabrics for their planets.



Loreta, Atom, Maura, Tara & Christina carefully preparing the chair for the next group. Each week the chair is prepped by different groups who work together to maximize creativity. Each group is assigned a certain role.



Marcella provided great mentoring and feedback to the groups.



"Sew a needle pulling thread"- John pictured above threading the needle.



Some of the selvages we are using are pretty vibrant bits of fabric, that are making our planets come alive and challenge current theories of planetary formation☺