



ISSUE NO 15 | JANUARY-2019 | OUR LADY'S COLLEGE GALWAY



Issue No 15

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NEWSLETTER

This week in Croí na Gaillimhe the Young Hearts participants continued their work on their 2020 project.

One of the pieces from their project is in collaboration with the CNG sewing group. They are making a very special quilt.

This is being made by people who are already involved in classes in Croí na Gaillimhe, including participants from Galway, Nigeria, Spain and Syria. The quilt is being hand sewn to encourage more intergenerational connections between the

young and the old while we are making the quilt.

The sewing group have made fantastic progress with the quilt to date.

This week the YH participants were given the honour of embroidering the quilt.

The sewing group, which consists of people from all over the world, have written messages and quotes on the hand-stitched quilt.

This was a great opportunity for the young hearts participants to work together and practice embroidery!!



YOUNG HEARTS PROJECT



MILL STREET QUILTERS

Embroidery is the method used for decorating fabrics with a needle and a thread.

Learning hand embroidery was both fun and relaxing, plus it was an easy way to create a beautiful piece of art with fabric and thread.



We used a number of stitches in our embroidery, namely, running, straight and backstitches.

Using varied stitches, we worked independently from the fabrics we weave which allowed us to embroider our designs, onto the fabric.

This surface embroidery allowed great versatility in order to create beautiful designs using colourful threads.

The session exemplified our appreciation for detail and our desire for individuality.

We learned that we could express ourselves with a hand-embroidered creation by

adding an embroidered design so it becomes an expression of our personal style.



This is a picture of the quilt that has been carefully hand stitched by the sewing group.



Marcella was on hand to give us great guidance and support.



Breda is pictured above embroidering an Irish message "Fáilte" which means welcome on the quilt.

Timea wrote a message from her home country of Romania "Sănătate buna" which means good health.

Atom wrote a Thai message "ชีวิตที่ดี" (Chīwit thī dī) which means good life in Thai.



The sewing group have also written messages from their countries of origin.

Adriana from the School of Physics, NUI Galway dropped by to say hello and viewed our planets that we have been creating over the last number of weeks. She was very impressed with our planets which have been fed by imagination and illustrate the participant's creative capacity.

