



**IRISH HEART  
FOUNDATION**  
Fighting Heart Disease & Stroke



# HAPPY HEART @ SCHOOL CATERING AWARD

The Award recognises and rewards post-primary schools and caterers that promote and offer healthy food choices.

Join the programme and celebrate your commitment to improving the school food environment.

## School Benefits

- Support to achieve a national School Catering Standard.
- An opportunity to link with the curriculum and encourage a whole school approach.

## Student Benefits

- Improved concentration, performance, and eating habits.
- Healthy food choice becomes an easy, appealing choice.

## Caterer Benefits

- Opportunity for an increase in turnover.
- Parents and the wider community are reassured that the school is providing the best food for students.



## Steps to Achieving the Award

- Register your interest online [www.irisheart.ie](http://www.irisheart.ie) or by calling 01 668 5001.
- Your school will be sent an information pack to support and guide you through how to achieve the award.
- The school sets up a team representative of staff, parents and students to coordinate the programme and raise awareness among all school attendees of the Catering Award programme.
- An Irish Heart Foundation dietitian will visit and completes an independent assessment of the schools individual needs with the caterer. Recommendations on menu choice and catering practises are given.
- A final visit by the dietitian takes place 8-12 weeks later to review the changes made.
- When all criteria are met, the school and caterer are certified with the award.

## How long does the Award last?

The Award lasts two years.

## Who can apply for the Award?

The awards are open to all post-primary schools with on-site catering.



## For more information

Contact the Irish Heart Foundation: [info@irisheart.ie](mailto:info@irisheart.ie) or (01) 668 5001